

**Main Office:** (201) 848-5848  
**Office Hours:** 8 a.m. to 4 p.m.  
**Fax:** (973) 633-9023

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**Resident Director**  
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**Isabel Galindo**  
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**Susan Matyiku**  
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**Kim Martin, OTR/L,**  
**Wayne Rehab Services Manager**  
(201) 848-5915  
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**Rev. Anthony Matias**  
**Chaplain**  
(201) 848-7507  
AMatias@ChristianHealthNJ.org

**Maintenance**  
(201) 848-5859

**Home Care Options**  
(973) 897-5550

**For medical emergencies or  
emergency call bells, dial 911.**

## Summer Hill May Inspection Schedule

- Wednesday, May 13: Apartments 2101 to 2107
- Thursday, May 14: Apartments 2108 to 2116
- Friday, May 15: Apartments 2117 to 2124

Specific times for each individual apartment are not available. If you have a conflict or any questions, call Maintenance at (201) 848-5859.

## Summer Hill May Extermination Schedule

- Tuesday, May 12: Building Two, floor 3
- Tuesday, May 26: Building Two, floor 4

A Maintenance team member will accompany the exterminator. Call Maintenance with questions at (201) 848-5859.

\*If you notice any insects or pests in your apartment, please call the Maintenance line at (201) 848-5859 right away. Do not try to treat the issue yourself – it's important we're made aware as soon as possible so it can be properly addressed.

Seeing one or two bugs doesn't necessarily mean there's an infestation; our professional exterminator will assess the situation and decide on the appropriate next steps.



### Welcome Home

Lois Hyatt, Apartment 2403  
Matthew Wisniewski 1416



News for Summer Hill of Wayne | A Christian Health Community

## Musical Memories at Summer Hill



Pictured: Residents David Snow, Helen LaPointe, Barbara Kohn and Diane Sullivan, and singer Tricia



Pictured: Performer Eleanor Jackson and resident Karen Souhlakis

## Summer Hill Beauty Parlor Announcement

Due to a decline in patronage, please be advised that we have made the difficult decision to close the Summer Hill Beauty Parlor, effective immediately. We appreciate the support of the beauty parlor clients over the years!

We want to ensure a smooth transition for all of the clients. If you are looking for a new local salon, please reach out to Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837. She is available to provide a list of nearby alternatives to meet your needs.

## Service Coordinator's Corner

### Podiatry Services with Dr. Witkin (House calls only)

Receive personalized care in the comfort of your apartment! Call Dr. Witkin to schedule your appointment at (973) 696-6677.

**Rehabilitation services** are available to residents at the Wyckoff campus. Free transportation is available. Services include: **physical therapy (PT), occupational therapy (OT), and speech/cognitive therapy (ST)**. For additional information or to schedule your therapy, please call Kim Martin, OTR/L, Wayne Rehab Services Manager, at (201) 848-5915.

**Mobile optometry services** are available on-site. Services include comprehensive eye exams/screenings, contacts and frames, and much more. For additional information, please contact Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837.

**Blood-Draw Clinic: Thursday, May 21 (every third Thursday), at 10 a.m. in the boardroom in Summer Hill Two**-The Valley Hospital holds a monthly blood-draw clinic every third Thursday. Residents must present their Medicare/insurance card and a physician's prescription. Results will be sent to the prescribing physician. You must register and provide copies of insurance and prescriptions to Susan by the Monday of the week of the blood draw. To avoid unexpected out-of-pocket costs, please check with Susan for a list of insurance plans accepted by Valley Hospital Lab.

## Anchor Benefit for 2025

Property Tax and ANCHOR State of NJ is pleased to introduce the 2025 Application for Property Tax Relief, Form PAS-1. This one-stop application should be used by resident homeowners, mobile homeowners, and renters who are age 65 and over or receiving federal Social Security Disability benefits or Railroad Retirement Disability benefits. . We encourage you to complete and file the 2025 PAS-1 application if your income for Tax Year 2025 was under \$500,000. The Division of Taxation will determine which programs you are eligible for and calculate the benefits you are entitled to receive. For assistance, call the ANCHOR hotline at **(888) 238-1233**. Deadline to file is November 2, 2026. **New Applicants/Renters Under 65:** Use the online application portal to file Form ANC-1:

<https://propertytaxreliefapp.nj.gov/>

**Seniors (65+):** Use the combined PAS-1 Form to apply for ANCHOR, Senior Freeze, and Stay NJ together: <https://propertytaxreliefapp.nj.gov/>

## Faith Talk

Greetings Summer Hill residents! You are cordially invited to **Faith Talk** on Wednesdays at 2 pm in the Community Room with , Rev. Anthony Matias – Chaplain for Christian Health. Faith Talk is a time to pray, learn, share and connect with your neighbors of different backgrounds, cultures, and denominations.

**Please Note:** Our very first Resident Grief Support Group (6 weeks – April 14 to May 19 @ 11am) has begun. Since this is our pilot, my goal is to have a minimum of 30 individuals interested and signed from our community for it to benefit our community; this offering will be re-evaluated in June to determine if it will continue. So please join me as we spend these weeks supporting one another through our grief as a community in a compassionate, safe space to process our losses.

## Activities

**Catholic Mass – The first three Wednesdays of the month at 1 p.m. in the Community Room**

**Faith Talk – Wednesdays at 2 p.m. in the Community Room. \*Faith Talk will be held in the library on May 13.**

**Card Games – 2 p.m. in the game room of Summer Hill Two, floor 4**

**Cornhole – Tuesday, May 12, and Tuesday, May 19, at 11 a.m. in the Community Room**

**Bean Bag Toss Game – Tuesday, May 26, in the Community Room**

Toss the bean bag into the six-hole targets and score points.

**Sing-along with Pat – Wednesday, May 20, at 3 p.m. in the Community Room**

## Special Events

**American Bandstand with Rick Feingold: Tuesday, May 5, at 2 p.m. in the Community Room**

We are happy to welcome presenter Rick Feingold for a musical flashback to Dick Clark's American Bandstand. Get ready to snap your fingers and tap your toes as we revisit Top 40 classic hits and original Bandstand live performances! **Register with Susan by April 29. Residents are encouraged to dress in 1950s or 1960s attire! Light refreshments will be provided.**

**Cinco de Mayo Churro Giveaway!** Sign up for your complimentary churro by May 1. Call Susan at (201) 848-5837. **Pick up on May 5 at 1 p.m. at Susan's office.**

**Health Spot with Dr. Khademi: Thursday, May 7, at 2 p.m. in the Community Room**

Take part in an informative talk on the benefits of rehab. Learn about all the therapy services we offer here at Christian Health and how they can promote our wellness. RSVP with Susan by April 30. A minimum of 15 participants is required.

**Mother's Day Tea: Friday, May 8, from 10 a.m. to 11 a.m. in the Community Room**

Celebrate our Summer Hill moms! All are welcome. Coffee, tea, and light refreshments will be served. Register with Susan by May 4 at (201) 848-5837.

**Bingo with Volunteers from ClassLink, Partners Services in Clifton: Wednesday, May 13, at 2 p.m. in the Community Room**

Join our volunteers from ClassLink for an afternoon of bingo, snacks, and prizes! Register with Susan by May 6.

**Afternoon at the Movies "Grease": Thursday, May 14, at 2 p.m. in the Community Room**

**Music with Joe Conti: Thursday, May 21, at 2 p.m. in the Community Room**

We are excited to welcome back Joe Conti! Come dance and sing with this talented duo. Register with Susan by May 10.

**Pedestrian and Traffic Presentation: Thursday, May 28, at 2 p.m. in the Community Room**

In connection with the Wayne Police Traffic Bureau, join Denis Kelleher, a program specialist with Avenue in Motion, as he gives a presentation on pedestrian safety for drivers and pedestrians. Register with Susan by May 15. A minimum of 15 registrants is required.

## Lockouts

We understand that getting locked out of your apartment can be frustrating and inconvenient. However, unlocking the door for you is considered a courtesy service and not an emergency. If you find yourself locked out, please call (201) 848-5859 to request a work order. Our staff will respond as soon as possible, but please be aware that response times may vary depending on current workload and priorities.

We strongly encourage residents to take simple steps to avoid lockouts in the first place. One of the best solutions is installing a personal lockbox.

### Lockboxes Available for Purchase

Lockboxes are available through Summer Hill for \$40. These secure boxes are installed by our maintenance staff outside your apartment and allow you to set a personal 4-digit code. You can share this code with trusted friends or family members, giving you peace of mind and easy access if you ever forget your keys.

### Benefits of a Lockbox:

- Immediate access to your apartment without waiting for staff
- Ability to share access with trusted individuals
- Simple and secure solution to prevent future lockouts

### How to Purchase:

- Place a check for **\$40**, payable to *Summer Hill of Wayne II LLC*, in the rent box.
- Once received, the office will notify maintenance to install your lockbox.

If a lockbox is already installed outside your apartment when you move in, please contact maintenance for instructions on how to set or reset your code.

Taking proactive steps now can save you time, stress, and inconvenience in the future. Thank you for your cooperation and understanding!

## Cinco de Mayo!

Cinco de Mayo (Spanish for "fifth of May") is a holiday commemorating the Mexican army's unlikely victory over French forces at the Battle of Puebla on May 5, 1862. It celebrates Mexican resilience, patriotism, and culture, particularly in the United States, where it has become a widespread celebration of Mexican-American heritage. **Cinco de Mayo Churro Giveaway!** Sign up for your complimentary churro by May 1. Call Susan at (201) 848-5837. Pick up on May 5 at 1 p.m. at Susan's office.

## Important Trash and Recycling Information

For your convenience, a designated waste and recycling room is located on each floor. To maintain a clean and pest-free environment, please adhere to the following disposal guidelines.

### General Waste

**All household trash must be securely bagged before being placed in the marked receptacles. Loose garbage is strictly prohibited, as it attracts insects and rodents. PLEASE DO NOT THROW LOOSE GARBAGE IN THE BINS. ALL GARBAGE MUST BE PLACED IN BAGS AND THROWN OUT IN THE APPROPRIATE BINS.**

### Recycling Procedures

Recycling bins are provided in every trash room. Please ensure items are placed in the correct containers and follow these specifications.

- **Commingled Recyclables:** Includes glass bottles/jars, food and beverage cans, and cartons (milk, juice, soup, etc.). Plastic containers numbered 1 through 7 are accepted.
- **Preparation:** All items must be rinsed and placed directly into the bin. Do not use paper or plastic bags for commingled items.
- **Non-Recyclables:** Plastic bags, Styrofoam, and packing peanuts are not recyclable and should be disposed of as standard trash.

### Paper and Cardboard

- **Paper:** Includes newspapers, books, junk mail, scrap paper, and dry food boxes. Paper should be bundled and tied; do not place these items in bags.
- **Cardboard:** All cardboard boxes must be collapsed and taken to the first-floor trash room.
- **Note:** Pizza boxes are not recyclable and must be disposed of as trash.

### Bulk Disposal

Large items may be placed **in or alongside** the community dumpster. Please do not put any items in front of the dumpster. Residents are responsible for transporting their own bulk items to the dumpster; Maintenance staff is not available to assist with the moving of personal property.

## 2026 Farmers Market Vouchers

The Passaic County Farmers Market operates from May through November. The program provides eligible individuals with vouchers to purchase locally grown fresh fruits, vegetables, and fresh-cut herbs from authorized, certified farmers and roadside stands. Vouchers cannot be redeemed at grocery stores and other food markets. Keep in mind the Farmers Market Vouchers are distributed on a first-come, first-served basis. **Requirements: Age 60 and over, must be a Passaic County resident, and must meet the program's income requirements.** Please call Susan at (201) 848-5837 to schedule an appointment to pick up an application.



# May 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
The office is closed and NO BUS on 5/25					1 Bingo 2 p.m. Community Room	2 Resident Saturday Social 6:30 p.m. Community
3 Bingo 2 p.m. Community Room	4 Bingo 2 p.m. Community Room	5 American Bandstand Presentation 2 p.m. in the Community Room Churros pick up 1 p.m. Susan's Office	6 Grief Support-12 p.m. Boardroom Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	7 Health Spot with Dr. Khademi 2 p.m. Community Room	8 Mothers Day Tea 10 a.m. to 11 a.m. Community Room Bingo 2 p.m. Community Room	9 Resident Saturday Social 6:30 p.m. Community Room
10 Bingo 2 p.m. Community Room 	11 Bingo 2 p.m. Community Room	12 Cornhole 11 a.m. Community Room	13 Grief Support-12 p.m. Boardroom Catholic Mass -1 p.m. Community Room Faith Talk 2 p.m. Library Bingo with Volunteers 2 p.m. Community Room	14 Afternoon at the Movies "Grease" 2 p.m. Community Room	15 Bingo 2 p.m. Community Room	16 Resident Saturday Social 6:30 p.m. Community Room
17 Bingo 2 p.m. Community Room	18 Bingo 2 p.m. Community Room	19 Cornhole 11 a.m. Community Room	20 Grief Support 12 p.m. Boardroom Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room Sing along 3 p.m. Community Room	21 Blood Draw Clinic 10 a.m. Boardroom, Building 2 Music with Joe Conti 2 p.m. Community Room	22 Bingo 2 p.m. Community Room	23 Resident Saturday Social 6:30 p.m. Community Room
24 Bingo 2 p.m. Community Room	25  Bingo 2 p.m. Community Room	26 Bean Bag Toss 11 a.m. in the Community Room	27 Faith Talk 2 p.m. Community Room	28 Pedestrian and Traffic Presentation 2 p.m. Community Room	29 Bingo 2 p.m. Community Room	30 Resident Saturday Social 6:30 p.m. Community Room
31 Bingo 2 p.m. Community Room	1 Bingo 2 p.m. Community Room	2	3 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	4	5	6 Resident Saturday Social 6:30 p.m. Community Room